

# Ready4K

# How To Fight the Summer Slide

Ways to Keep Learning Going Over The Summer

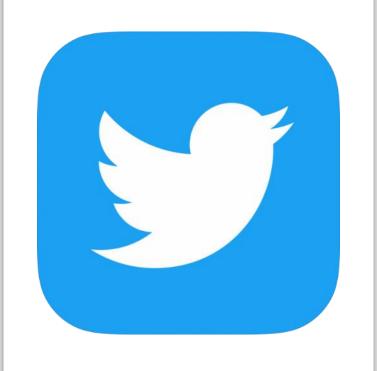
> June 2, 2020 2pm ET / 11am PT



### **GOALS**

- ✓ Identifying Summer Skills
- ✓ Finding "Just Right" Learning Moments
- ✓ Driving Action And Participation
- ✓ Presenting The Learning





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# Ready4K

**Everyday** Learning That's Doable Repeatable **Empowering** 





Rebecca Honig

Director of

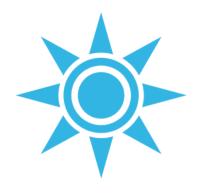
Curriculum & Content



Fran Lartigue
Curriculum Specialist and
Content Manager

### Our Job

Translate
everyday moments
into
teachable moments



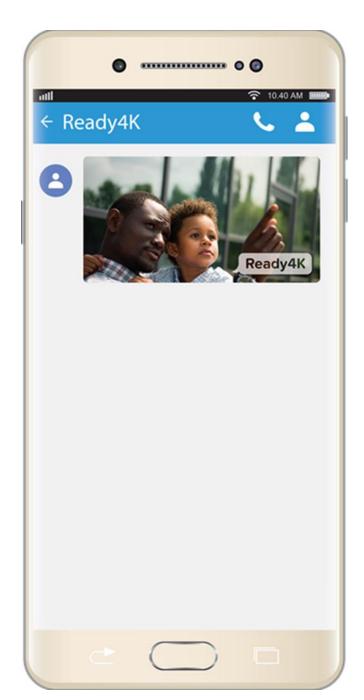
Ready4K Core



Ready4K Trauma-Informed

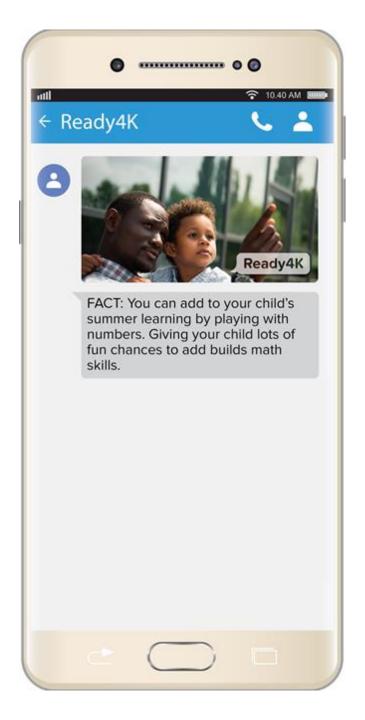


Ready4K Personalized Learning



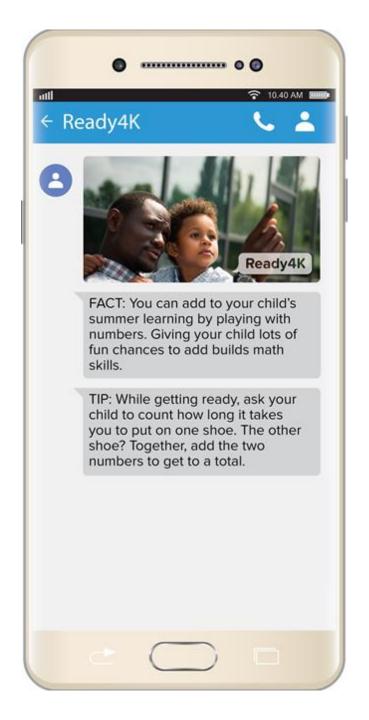
FACT: You can add to your child's summer learning by playing with numbers. Giving your child lots of fun chances to add builds math skills.





TIP: While getting ready, ask your child to count how long it takes you to put on one shoe. The other shoe? Together, add the two numbers to get to a total.





GROWTH: Keep adding! Ask your child to count the pieces of clothing they are wearing. Count how many you are wearing. Together, add the numbers.





94%

of parents do it

+2-3 Months

Student Growth over a School Year





**Choosing Summer Learning Skills** 

### **TIP 1: Be Judicious**

### **Less is More**

 What are the 5-7 skills I want kids to maintain and build?

What skills will help the whole family thrive?

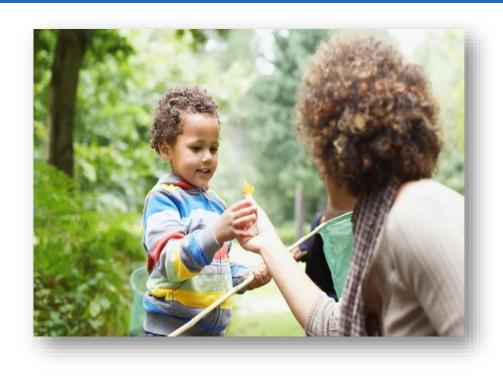


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### **TIP 1: Be Judicious**

"The most helpful Ready4K activity during COVID-19 has been just breathing!

So much of the day is work and trying to complete a task. It feels good to stop and take a deep breath. It focuses us and helps me realize that this too shall pass."





## TIP 2: Look Through A Parenting Lens

### **Strength Based**

• Is this a skill that a parent is well positioned to build at home?

• Does it leverage a parents' strengths?



# CAN IT BE EXPLAINED IN 160 CHARACTERS?

# Quick Tip for Checking

Rhyming leads to reading.

When kids rhyme (bat, sat, cat) they learn that words can share common endings.

This helps them sound out words and spell words too!

(159 characters)

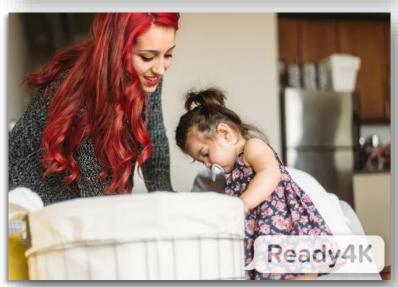














## Mapping Skills Onto The Moment

# WHY EVERYDAY MOMENTS?





FACT: Describing the things you do builds language skills. These skills make it easier for kids to share their thoughts. Their reading skills get stronger too!

TIP: Describe your actions during daily activities. As you do the dishes, talk about it. Try, "I'm pouring in the blue soap." Make sure to use lots of details.

GROWTH: Keep describing. Now it's your child's turn. As they play a

- Familiarity
- Easy and doable
- Repeatable
- New Habits
- Reframes the day
- Everyday moments become Learning Moments!





"These messages helped me learn that I'm already on the right path for helping my children learn in a way different from a structured classroom environment."

"I've learned how to be creative, that you can incorporate learning everywhere you look."

"Everything can be turned into an educational game including sitting in checkout at the store."

"I've learned how to turn everyday moments and tasks into learning opportunities."



# Finding the Right MOMENT

#### **BIG MOMENTS**

- Waking Up
- Bedtime
- Bath
- Brushing Teeth
- Getting Dressed
- Mealtime











# Finding the Right Micro Moment

- Walking to the sink
- Turning on water
- Holding and squeezing the toothpaste
- Moving the toothbrush back and forth

### **BIG MOMENT:**

**Brushing Teeth** 



## INVESTIGATE THE MOMENT

#### 1. What Are The Circumstances Of The Moments?

- Tools?
- Physical Engagement?
   Other People?
- Distractions?

- Mood?



## INVESTIGATE THE MOMENT

- 1. What Are The Circumstances Of The Moments?
  - Tools?
  - Physical Engagement?
  - Distractions?

- Mood?
- Other People?

2. Which Moment Is Easiest For The Skill?























# PARENTS SAY...

"I like the types of activities that you can do while you're out and about, especially being a busy mom of three and having an aged parent to care for and two younger siblings"

"Any suggestions for things to talk about at dinner. I ask my son and daughter the same questions every night and then try to insert some new ones."

"I used to love quiet time in my car. I used to tell my kids to just be quiet. But I learned that the car is the best time to ask questions."

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## ADD ADDITIONAL MOTIVATORS

# FACT: Describing the things you do builds language skills. These skills make it easier for kids to share their thoughts. Their reading skills get stronger, too!

# SAY WHY

- Builds language skills
- Builds listening skills
- Helps your child learn to communicate with others
- Helps your child learn new words. Words are the building blocks of learning.
- Sets the stage for reading and writing.





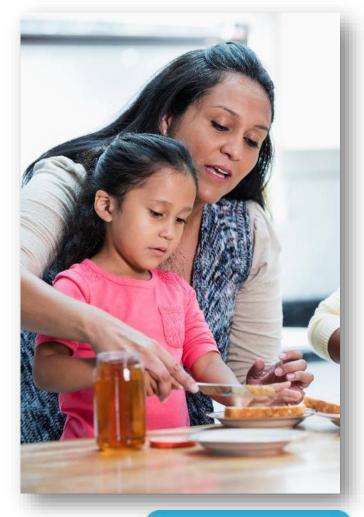
"Having no prior experience with children or education but a deep desire to set my child up for success, it is so great to get an idea of what is developmentally appropriate for this age as well as what we should be working toward."



# SECONDARY GAINS







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"Being silly when they start getting fussy/crabby. Works like a charm \( \bigsep^{\alpha} \)"

"I loved the superhero chant idea. My daughter tends to give up on difficult tasks and putting super before her name has actually made a big difference in her persistence!"

"The deep breathing technique when he is upset helped him as well as his Mother and I with patience."

"It's a BIG reminder for me that my kids are just kids and need all of my patience. The smallest amount of attention I give them or including them in my everyday activities have made things easier for myself and my kids enjoy it."



# PLEASE CANWE...











"I liked the what if questions. They are so fun for my kiddo. He loves them and we do them during car rides."

"I learned the value of dialoguing with my son, before I was always busy with everyday things. Today my son comes close to me, asking how was my day, me to him, and I stop what I'm doing, I'll talk to him .... amazing, today my son is more calm."

"We liked making the cozy place. We still enjoy reading there. Also he still asks to do the find it game. Find random numbers in books or magazines."





### AND ALWAYS

# PICTURE YOUR PARENTS AND STUDENTS!

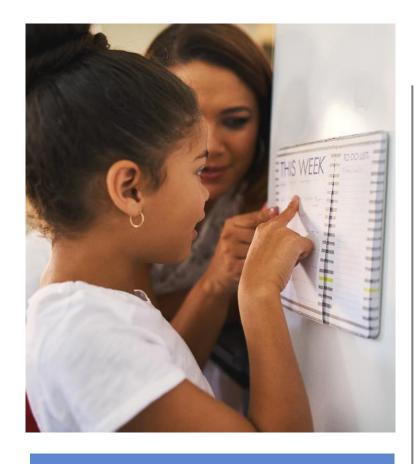
What do they love?

What excites them?

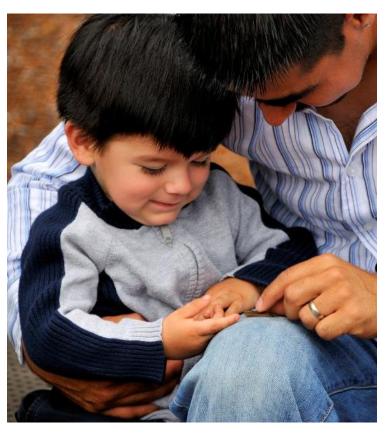
What will be most useful to

them?

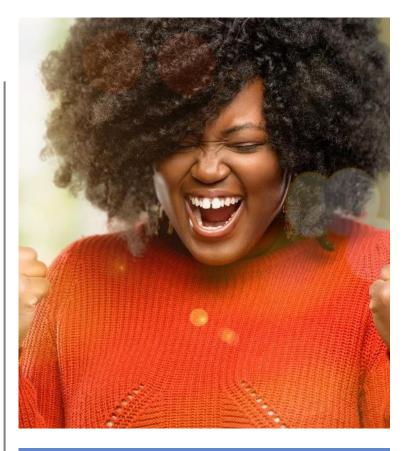
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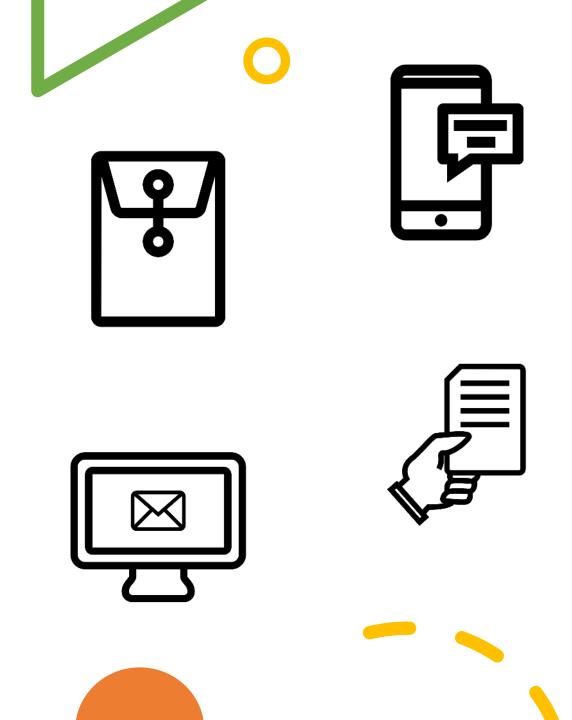


**Highly Doable** 



"I Got This!"

# And Easy to Share



# Choose It & Check It

## Summer Learning Calendar

Choose It & Check It  Summer Learning Calendar  These activities make it easy to add learning to your daily life.  CHOOSE 1 activity a day. DO it. CHECK it off!  July 2020				□ Making a Meal Reading out loud helps kids become strong readers. As you prepare a meal, invite your child to read to you. Remind them to pause at each period.		□ Folding Laundry Part of being a good reader is being expressive. Make up silly sentences and have your child echo you as you fold laundry. Try, "Silly socks slip on sand!" Say it in a few different voices!
0		□ Eating a Meal Retelling stories helps kids understand them. Invite your child to retell their favorite story during a meal.		0	0	
0	0	0	□ Before Bed A key part of reading is understanding what you read. After reading together invite your child to act out their favorite part	0		
			0	0	After Reading Asking questions about stories helps kids understand what they read. Can your child tell you WHO was in the story?	0
0	□ Rainy Day Listening to stories helps kids become better readers. Create a cozy corner and read 3 of your child's favorite books. You can try audio books too!	0	0	0	0	

□ Eating a Meal Retelling stories helps kids understand them. Invite your child to retell their favorite story during a meal.	
	□ <b>Before Bed</b> A key part of realist understanding







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0		Eating a Meal Retelling stories helps kids understand them. Invite your child to retell their favorite story during a meal.		0	0	
0			Before Bed A key part of reading is understanding what you read. After reading together invite your child to act out their favorite part			0
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0	Rainy Day Listening to stories helps kids become better readers. Create a cozy corner and read 3 of your child's favorite books. You can try audio books too!			0	0	

# Summer Learning Routine

- Repeatable
- Lasts 2 weeks

#### Make Summer Learning a Routine!

Doing little learning activities every day keeps your child thinking and learning.

They'll start the school year ready to learn in a BIG way!

Here's a list of fun ways you can add learning to your daily life routines.

Try doing each one a few times a week.

#### Good Morning!

#### ☆ Getting Ready

⇒ Count and Race: Can your child get dressed before you count to 30! Let them challenge you to do something and count too!

#### ☆ At Breakfast

⇒ Letter Learning: Challenge your child to close their eyes and point to a place on a cereal box or food container. Did they land on a letter? Name the letter they landed on. Can they find 2 more of the same letter? Make the sound together!

#### ★ Having a Snack

⇒ **Helping Hands**: Place plastic cups, plates, or bowls where your child can reach. Invite them to prepare a snack for themselves and others. Can they count out some crackers?

#### ★ Folding Laundry

⇒ Sort It!: Challenge your child to find all the clothes that are a specific color. For example, Can you find all the clothes that have blue on them? Next time try a new color.

#### ☆ Checking the Mail

⇒ Shape Play: As you open the mail, invite your child to cut an envelope into different shapes. What designs or pictures can your child make? Name the shapes together.

#### ★ Preparing Dinner

⇒ Table Art: Before preparing a meal, set up an art station with pens, pencils, crayons and paper. Invite your child to draw all over the paper using lots of color. They can use their creation as a placemat. Another day they can make name cards for people.

#### ★ At Dinner

⇒Mealtime Questions: Ask a thinking question at dinner. Let everyone answer! Here's one to get you started. If you could be an animal for a day which animal would you choose? How come?

#### → Bathtime

⇒ Pour It!: Bring a few plastic cups to the bath. Play a direction game using position words (on, behind, in front, below, and above). Direct your child where to pour the water. Try: Can you pour the water on my hands? How about in front of your nose? Behind your shoulder?

#### → Redtime

⇒Special Spot: End the day reading in a special spot that you and your child choose together. It could be on a squishy pillow, in a favorite chair, or outside with a blanket. Enjoy sharing a few books together.

#### Good Night!

#### ☆ Bathtime

⇒ **Pour It!**: Bring a few plastic cups to the bath. Play a direction game using position words (on, behind, in front, below, and above). Direct your child where to pour the water. Try: Can you pour the water on my hands? How about in front of your nose? Behind your shoulder?

# Brain Bingo

## Weekly Learning

#### Brain Bingo

MATH Help fold the laundry. Pair the socks. Count the socks by 2s out loud. 2, 4, 6, 8, 10, 12		HELP After a meal offer to help clear the dishes. Get a BONUS chip to place where you like if you DO the dishes too!		
READ Find an outside spot to read for 20 minutes or more. At dinner share what your book is about and who the characters are.			EXPLORE Remember when we studied Rube Goldberg machines this year? Try making one at home with found objects! Show it to a parent or sibling after dinner.	MATH It's breakfast math attack! Ask a parent to keep giving you single digit addition problems (ex. 5+2) until you get 10 correct.
	DO Have a dance party after dinner. You pick the music ( 3 songs) and invite your family to join you!	☆☆☆ ☆Free Space☆ ☆☆☆	READ After dinner, offer to read to someone in your family for 10 minutes. Pick something you think they'll enjoy listening too!	
<b>READ</b> Build a pillow fort and read for 20 minutes or more. At dinner share your favorite part of the book so far.	WRITE Use the story starter: I heard a loud bang. I looked up and saw a giant spaceship flying towards me Write the rest of the story. Read it to someone before bed.			
MATH It's breakfast math attack! Ask a parent to keep giving you single digit subtraction problems (ex. 5-2) until you get 10 correct.		CONNECT Think of a friend or family member that you miss seeing. Call, write or plan a video chat with them. Share why you miss them.		PLAY After dinner, invite your family to play your favorite board or card game. Explain the rules if they don't know how to play.

# Brain Bingo

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# Learning Goals

#### Math

#### MATH

It's breakfast math attack! Ask a parent to keep giving you single digit addition problems (ex. 5+2) until you get 10 correct.

#### MATH

It's breakfast math attack! Ask a parent to keep giving you single digit subtraction problems (ex. 5-2) until you get 10 correct.

#### Literacy

#### READ

Build a pillow fort and read for 20 minutes or more. At dinner share your favorite part of the book so far.

#### READ

Find an outside spot to read for 20 minutes or more. At dinner share what your book is about and who the characters are.

#### Social Emotional Learning

#### DO

Have a dance party after dinner. You pick the music ( 3 songs) and invite your family to join you!

#### HELP

After a meal offer to help clear the dishes. Get a BONUS chip to place where you like if you DO the dishes tool

#### CONNECT

Think of a friend or family member that you miss seeing. Call, write or plan a video chat with them. Share why you miss them.

#### PLAY

After dinner, invite your family to play your favorite board or card game. Explain the rules if they don't know how to play.

#### Explore

#### **EXPLORE**

Remember when we studied Rube Goldberg machines this year? Try making one at home with found objects! Show it to a parent or sibling after dinner.

### Our Process to Activate At-Home Learning

1 Less is More 2 Map onto Moments 3 Introduce Motivators

# We Use This Method Because It Works

TIP: Try adding shirts as you fold laundry: "I have one shirt and you have one shirt. How many shirts do we have all together?" Count them to find out.

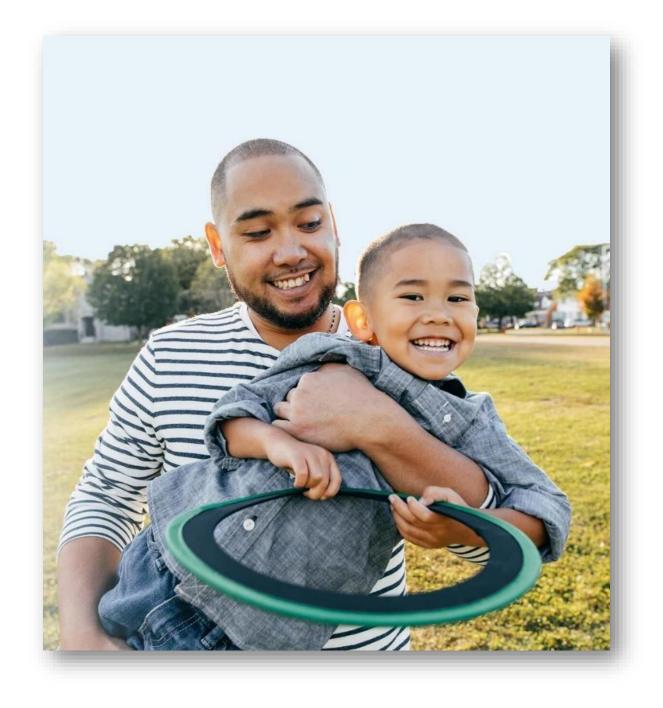
"My daughter just asked me 2 weeks ago about addition. She really wanna learn that I was looking for ways on how to teach her. Thanks!"

TIP: Tonight, tune in to your breathing. Notice, is it fast or slow? Big or small breaths? Try taking bigger breaths more slowly. As you do notice how it makes you feel.

"The breathing technique is helping. Thanks again."

TIP: Outside, grab three sticks and challenge your child to line them up by length. Can they order them: TALL, TALLER, TALLEST?

"We did this activity today with many different items. Thanks for these challenges!"



# Summer & Beyond Grant

- Needs based awards
- Applications accepted through
   June 15
- COVID-19 responsive messaging
- Applies to any Ready4K curriculum

Apply Online at www.Ready4K.com







FACT: Kids are excited to learn all about themselves. The more they learn about themselves, the more confidence they have to thrive in school.

TIP: In the morning, look in the mirror together. Take turns naming your child's positive qualities: You have brown eyes, you are kind, you are strong!

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www.Ready4K.com